

## **VISUAL Learner — “I See It to Understand It”**

### **What it means**

You learn best when information is presented with images, diagrams, colours, charts, videos, or other visual formats. You process information by *seeing it* clearly and organising ideas visually.

### **How this helps you in school**

- You understand complex ideas more quickly through diagrams and visual examples.
- You learn effectively with mind maps, colour coding, flashcards, posters, and illustrations.
- Visual order helps you stay focused and structured.

### **How this supports your career planning**

Visual learners often connect deeply with:

- Career maps, sector diagrams, job pathways
- Digital portfolios and visual resume templates
- Vision boards for future goals
- Infographics about industries and skills

These tools help you clearly imagine:

- What jobs look like,
- How roles connect,
- What skills you need,
- And what steps to take next.

### **Possible job strengths & future directions**

Visual learners often enjoy careers involving creativity, organisation, or spatial thinking:



Design & Creative fields

Architecture • Graphic design • Animation • UX/UI design • Photography



Data & analysis

Research • Data visualisation • Marketing analytics



Education & communication

Creating materials • Visual teaching strategies

 Technical fields

Engineering • Computer modelling • Scientific illustration

### How to use this strength for your future

- Create a Career Vision Board for the next 5–10 years.
  - Use visuals (charts, videos, maps) when comparing study paths.
  - Build a digital portfolio to track your talents and achievements.
  - Use visual job platforms to explore careers.
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## AUDITORY Learner — “I Learn Through Sound & Conversation”

### What it means

You learn best by listening, speaking, and discussing. You remember information better when you hear it or talk it through.

### How this helps you in school

- You benefit from explaining ideas aloud.
- You enjoy class discussions, debates, and presentations.
- You understand spoken instructions quickly.
- You learn vocabulary, stories, and theories easily.

### How this supports your career planning

Auditory learners learn best through:

- Interviews with professionals
- Recorded job stories or podcasts
- Class discussions about future paths
- Explaining ideas aloud to clarify choices


Talking through your thoughts helps you:

- Reflect on strengths and interests,
- Understand job experiences from real workers,
- Make confident decisions,


- And overcome doubts through conversation.

### **Possible job strengths & future directions**


Auditory learners succeed in communication-heavy or people-oriented roles:

 Communication & languages


Journalism • Teaching • Counselling • Public speaking

 Performing arts

Music • Theatre • Broadcasting

 Social & teamwork fields

Human resources • Customer support • Sales • Law

 Leadership & advocacy

Project coordination • Community work • Youth work

### **How to use this strength for your future**

- Record voice notes about job ideas or subjects you enjoy.
- Join school talks, webinars, and career interviews.
- Talk to adults about their jobs and your goals.
- Listen to future-career podcasts for inspiration.

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## **KINESTHETIC Learner — “I Learn by Doing & Moving”**

### **What it means**

You learn best through hands-on experiences, movement, experiments, and real-world practice. You understand concepts when you *experience* them.

### **How this helps you in school**

- You excel in activities where you can create, build, or act.
- You understand best during experiments, role-plays, or demonstrations.
- You enjoy dynamic and active classrooms.
- You learn quickly by *trying* instead of reading or listening.

## How this supports your career planning

For kinesthetic learners, the most effective guidance tools include:

- Role plays (job interviews, workplace situations)
- Hands-on tasks (building, crafting, designing)
- Career simulations
- Inventing a job of the future
- Trying out tasks from different sectors

These experiences help you understand:

- What kinds of tasks energize you,
- Which work environments suit you,
- And what skills you enjoy applying.

## Possible job strengths & future directions

Kinesthetic learners thrive in roles involving movement, creation, or real-world action:



Technical & practical professions

Mechanics • Electricians • Technicians • Engineers • Chefs



Health & care

Nursing • Physical therapy • Emergency response



Active outdoor jobs

Agriculture • Tourism • Sports training • Conservation



Creative and performing arts

Drama • Dance • Crafts • Construction

## How to use this strength for your future

- Try out job shadowing or mini-internships.
- Test different tasks to see what feels right.
- Choose activities that involve building, movement, or experimentation.



## **SOCIAL Learner — “I Learn with People”**

### What it means

You learn best through interaction, teamwork, discussion, and collaboration. Sharing ideas helps you understand them more deeply.

### **How this helps you in school**

- You enjoy group work and teamwork challenges.
- You learn best when sharing ideas with others.
- You understand concepts by teaching or helping classmates.
- You feel energised in interactive, lively classroom environments.

### **How this supports your career planning**

#### Social learners benefit from:


- Group decision-making exercises
- Peer discussions about future jobs
- Role playing different job roles
- Team projects focused on sectors or skills

#### Talking with others helps you:


- Explore new ideas about the future
- Build confidence
- Get support when making decisions
- Understand what types of social environments you prefer

### **Possible job strengths & future directions**

Social learners excel in roles with communication, teamwork, or relationship-building:

 People-oriented professions

Teaching • Youth work • Psychology • Social work

 Business & leadership

Management • Entrepreneurship • Human resources

 Collaborative STEM fields

Lab teams • Research groups • Medical teams

 Public roles

Tour guiding • Event planning • Customer service

## How to use this strength for your future

- Share your career goals with classmates or adults.
  - Do teamwork-based career activities.
  - Ask professionals.
  - Consider work environments where people collaborate.
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## **INDEPENDENT Learner — “I Learn by Thinking & Focusing Alone”**

### What it means

You learn best by reading, writing, reflecting, and working quietly at your own pace. You enjoy thinking deeply and making personal meaning.

### How this helps you in school

- You concentrate well in calm environments.
- You enjoy personal projects and independent research.
- You communicate clearly in writing.
- You like working out your ideas before sharing them.

### How this supports your career planning

Independent learners benefit from:

- Journaling about their strengths & goals
- Goal-setting worksheets (SMART goals, 10-year plan)
- Exploring platforms and resources quietly
- Comparing jobs using charts and personal notes

You make strong decisions when you have time to reflect.

### Possible job strengths & future directions

Independent learners often thrive in roles requiring focus, analysis, and autonomy:




Digital & tech careers


Coding • Programming • IT support • Data analysis



Academic & research fields

Science • Writing • History • Psychology

 Creative work done individually  
Graphic design • Illustration • Editing • Art

 Structured or detail-focused careers  
Accounting • Architecture • Librarian • Lab work

### **How to use this strength for your future**

- Keep a Career Journal where you explore interests and goals.
- Choose study paths that allow for personal projects.
- Reflect regularly on what type of work environment feels right.